

# The Shuttle

15/03/24  
DIARY DATES

18/03/24  
Easter Bake  
Off day!

22/03/24  
Break up for  
Easter

08/04/24  
INSET DAY

09/04/24  
BACK TO  
SCHOOL

## ONE PAGE THIS WEEK



### Easter Bake off!

It's Easter Bake-off on Monday 18th!

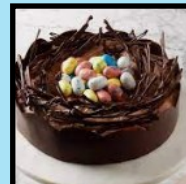
Please bring entries into school first thing on Monday with **entries clearly named**.

Cakes will be on sale for the children at break time so please send your child into school with **50p**.

Any left overs will be on sale after school in the playground (weather permitting).

**We are also desperate for PTA/ parent helpers to help with the bun stall.**

**If we don't get enough volunteers the event will be cancelled.**



COMIC RELIEF

RED NOSE DAY

15 MARCH 2024

If you would like to make a donation to Comic Relief 2024, please click on the link below! Many thanks!

<https://donation.comicrelief.com/cart/1YsYOwm2pHZgBUhWr8ZL13>

## WOW!

The talent competition has amazed us all! We didn't realise what a talented bunch we have at Thurlstone! We have singers, dancers, musicians, actors, sports men and women - it's lovely to be able to celebrate such talent!

However .... we will have the VERY difficult job of trying to pick winners!

We will announce the winners next week.

Friday's Wise

## Words of Wisdom

WHAT AN ANGRY CHILD NEEDS TO HEAR:

<p><b>"I CAN SEE THIS IS HARD FOR YOU!"</b></p> <ul style="list-style-type: none"> <li>Tells the child they have your attention</li> <li>Acknowledges the child expressing their feelings</li> </ul>	<p><b>"I CARE ABOUT HOW YOU FEEL!"</b></p> <ul style="list-style-type: none"> <li>Tells the child that you are present</li> <li>Acknowledges the child's feelings</li> <li>Demonstrates compassion</li> <li>Opportunity for deeper connection</li> </ul>	<p><b>"IT IS OK TO FEEL ANGRY!"</b></p> <ul style="list-style-type: none"> <li>Tells the child that all feelings are ok</li> <li>Acknowledges the child's feelings</li> <li>Gives the child acceptance of feeling angry</li> </ul>
<p><b>"EVEN WHEN YOU FEEL YOUR WORST, I LOVE YOU!"</b></p> <ul style="list-style-type: none"> <li>Tells the child that you will love them, no matter how they feel or behave</li> <li>Creates a safe environment</li> <li>Deepens connection and builds trust</li> <li>Demonstrates unconditional love</li> </ul>	<p><b>"I AM HERE FOR YOU!"</b></p> <ul style="list-style-type: none"> <li>Tells the child that all feelings are ok</li> <li>Demonstrates compassion</li> <li>Deepens connection and builds trust</li> </ul>	<p><b>"I WILL STAY WITH YOU!"</b></p> <ul style="list-style-type: none"> <li>Tells the child that you are present</li> <li>Creates a safe environment and builds trust</li> <li>Deepens connection and builds trust</li> <li>Demonstrates resilience and patience</li> </ul>